

Dynamic Mobility with the GH3+ Trainer Module

Activity Focus

Bed mobility: rolling, walking in bed, bridging, upper exercises

Supine to sit at edge of bed

Sit to stand

Walk around bed / within room

Sit in chair



VIDEO

guldmann.com | info@guldmann.net

Pain Point

- Avoid injuries, Staffing
- Patient satisfaction / Reimbursement
- Reduce Hospital Acquired Conditions

Clinical Goals Accomplished

- Possible for one caregiver to safely accomplish
- Increase confidence and sense of recovery for patient
- Mobility contributes to reduced delirium, ventilator weaning, shorter ICU stay
- Increase movement & mobility moments for patient
- Sitting up for any relevant patient activity, hygiene, toileting, walk within room
- Potential falls prevented; reduce odds for pressure injuries



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