



Hand Control Operation

Using up/down buttons on the hand control, select the number of kg/lbs you wish to relieve.








Once the weight relief has been selected, the training begins by pressing the play button.

Automatic weight relief is now activated and the training can begin. This is indicated by a yellow display.

The weight may be adjusted as needed during training using the up/down arrows on the hand control.

When training is over select the Exit button - the hoist will now function for lifting and transfers.

Error notifications

-  Dynamic weight relief overload. Allowed dynamic weight relief max 100 kg. Please reduce load to activate dynamic mode.
-  Dynamic weight relief underload. Allowed dynamic weight relief min 5 kg. Please load strap to activate dynamic mode.
-  Upper or lower limit has been reached. Please make sure nothing is activating the upper limit and that the strap has been fully unwound.
-  Battery level low. Indicating there is less than 60 seconds of training time available.
-  Battery level critical. Training module will shut down.
-  Time indicator. Indicating remaining training time in minutes.
-  Training time is less than 1 minute or has been exceeded.

Guldmann™

GH3+ Trainer Module Quick Guide

The Trainer Module can work with up to 220 lbs weight relief for a duration of up to 30 minutes before the battery needs recharging. The hand control displays how much training time remains.

If the training continues beyond the 30 allocated minutes, the Trainer Module will terminate automatically. The ceiling hoist can still be used to move the user.

10 minutes of training requires 1 hour of recharging; it takes 3 hours to recharge the ceiling hoist/Trainer Module to another full training session if you trained the entire 30 minutes.

Do not place the hand control on the hanger: the cord will wrap itself around the strap!

Weight Relief Guide



User Weight		50lbs	100lbs	200lbs	300lbs	400lbs
Unloading %	10%	x	x	20.0	30.0	40.0
	25%	12.5	25.0	50.0	75.0	100.0
	35%	17.5	35.0	70.0	105.0	140.0
	45%	22.5	45.0	90.0	135.0	180.0
	50%	25.0	50.0	100.0	150.0	200.0
	60%	30.0	60.0	120.0	180.0	xx
	70%	35.0	75.0	150.0	210.0	xx
	80%	40.0	80.0	160.0	240.0	xx
	90%	45.0	90.0	180.0	270.0	xx

x Minimum unloading weight: 11lbs xx Maximum unloading weight: 220lbs